



3566 Veterans Memorial Highway  
Lithia Springs, Georgia  
Phone: 770.948.2126

## **Individual Volunteers should bring:**

### ➤ **Bedding:**

- Sleeping Bag
- Air mattress/sleeping pad
- Pillow
- *If Beds are provided:*  
sheets & blanket
- Flashlight & extra  
batteries

### ➤ **Clothing:**

- Socks & undergarments
- Work shoes/boots
- Gloves
- Rain Gear
- Hat, visor, bandana,  
sweatbands
- T-shirts/work shirts
- Long sleeve shirts
- Jeans, pants, and shorts
- Pajamas
- Shower shoes & robe
- Swim suit

### ➤ **Toiletries:**

- Toothbrush/ toothpaste
- Soap & Shampoo
- Wet Wipes
- Deodorant
- Personal medications for  
length of stay
- Sunscreen
- Insect repellent
- Razor/shaving cream

### ➤ **Miscellaneous:**

- Bible
- Travel clock
- Spending money
- Water bottle
- Sunglasses
- Ear plugs *if light sleeper*

### ➤ **Personal Items:**

- Towels & wash cloth
- Chargers for electronic  
equip.

## **What Not to Bring:**

- ❖ **Alcohol**
- ❖ **Weapons** (of any kind!!)

## **RVs and Campers**

Each Mission Trip is different. There are no guarantees that there will be hook-ups or parking spaces for the large vehicles and campers. If you can operate independently and spaces are available, the Advance Planning Team will try to make the information available. This includes RV/Camping Campgrounds nearby and the anticipated costs. Anyone choosing this option will be responsible for obtaining and reserving their own camp site.